

Notice: for 1st Year Students

Workshop: “Self-Awareness and Academic Freedom”

Are you finding it difficult to cope up with studies while enjoying university life?

We are thrilled to invite all first-year students of the Faculty of Applied Sciences to a special workshop on

"Self-Awareness and Academic Freedom!"

This interactive session conducted by professional counsellors promises to be an enriching experience that will significantly enhance your academic journey.

Date: 09th August 2024

Venue: Science Auditorium, Faculty of Applied Sciences

- **1st Session:** 9:00 AM to 11:00 AM
Conducted by: Mr. Ishan Edirisuriya (Professional Counsellor)
- **2nd Session:** 1:00 PM to 3:00 PM
Conducted by: Ms. Rasika Manohari (Professional Counsellor)

We highly encourage all 1st year students to participate in this valuable workshop.

Please note that students are required to attend only one of the sessions.

Asst. Registrar
Faculty of Applied Sciences
05.08.2024